



Kaleidoscope

A Monthly E-Bulletin (February Issue)

of

Rotaract Club of Kathmandu Mid-Town

Charter date: 5th Nov. 1997





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Rotaract Club of Kathmandu Mid-Town

Charter date: 5th Nov. 1997

Sponsoring Club: Rotary Club of Kathmandu Mid-Town

RIDistrict 3292.



Twin clubs: RAC Dharan Ghopa, RAC Biratnager, RAC Sainbu Bhaishipati &
International Twin Club: RAC Mumbai Ghatkopar (RID, 3140)

February 2012/13

Issue : 8

15th Rota year

February 2013

Dear fellow Rotarians,

In Rotary, we do not divide our work by nation, culture, or language. It does not matter what is printed in your passport. What matters is that you believe in Service Above Self. But even in Rotary, it is easy to think in terms of countries or communities. This project may help someone in my own community, or that project may help someone from Germany, or Kenya, or South Africa. Sometimes we think of different types of borders. This project, we think, helps the young. This helps the elderly. This helps people who are hungry, poor, or sick, or who have disabilities.

The truth is that Service Above Self does not know such borders. When we serve, the impact is not limited to our community, or the community we are helping. We are not only helping the young, or the elderly, or this school, or that orphanage. When we serve, we are helping all of humanity. The effects of what we do go on and on.

When we put Service Above Self, we are making a choice. We are choosing to put other people's needs ahead of our own desires. We are saying, "Your problems are my problems, and I care enough to help you."

Rotary brings peace by addressing the needs that cause conflict: the need for clean water, for nutrition, sanitation, and health care. When these needs are met, there is opportunity. And there is hope. Hope has no borders. It is the garden from which peace can grow.

Peace Through Service brings out the best in us. It makes us aware of the borders we set up around ourselves – and it helps us tear them down.



Club Service

Works on effective club administration by organizing members, people and resources to achieve common goals



APPRECIATION : The club recognizes the effort and dedication of the Rotaracts and the volunteers involved in 2 major project of the year 1) The Mega Vision Screening of school children 2) Providing of Prosthetic Hand and Enabling mobility

A Joint meeting plus hiking for bonding of twin clubs

A memorable walk of 10 hours for

RAC Ktm Mid Town + RAC Sianbu Bhaispati

Route: from Budanilkantha - Tarkeshwor Mahadev - Teen Piple

– Balaju Total **participants: 28**



Coordinator for the event: proposed member Kapil Ghimire of RAC Ktm Mid-Town and Rtr. Situ of RAC Sainbu Bhaisepati.



← For Ktm Mid Towner Rtr President Kishor & PE Saugat t: a golden opportunity to review and to make plans for future .



Professional Development Service:

Seeks for ways to develop skills and enhance knowledge

Help others to help oneself! How about this approach for a newsletter for SGCP ?

Dr Chandra Lekha/ PE Rtr Saugat at a brainstorming session at SGCP with Dr Ritesh & Ms Guni of SGCP



Mr Bimal (CEO of SGCP) conducting orientation program for Rotaracts & volunteers in preparation of the visit of delegates from Singapore



Community Service :

Responds to identified community needs,
And aims to work for specific, realistic goals with measurable results

Can a cold winter day be made warm? Yes, if expressed by actions of concern



Even a simple gesture of providing snacks and spending quality time with the elderly can generate happiness with warmth as is evident by the wide and spontaneous smiles by the residents at Missionary of Charity



“Smiles & more Smiles!”





International Service :

Involves those things that can be done to advance International understanding goodwill and peace

Making of Origami cranes to fly and spread the message of "PEACE"



Fifth Avenue of Service of New Generation



Project : "The Making of Origami Crane to meet the Target of One Thousand: Cranes made 100"

One example: Children of a school of Janasewa Higher Secondary School Grade 8 & 9 of 15 Interactors

The program was executed through the efforts of proposed members and volunteers

Coordinator: Mr. Basu Dev Khanal

Assisted by : Mr. Basu Dev Khanal/ Ms. Sadiksha Maharjan/ Ms. Sarina Maharjan

Volunteers: Ms. Isha Shrestha/ Ms. Shreeshti Uchai



Objective :



- To teach Interactors and Rotaractors the art of making origami cranes.
- To uplift a desire for World Wide Peace through creative designing of Origami paper cranes.
- To emphasis the Japanese culture of cranes which serves as a reminder of avoiding conflict.



Project Detail:

Origami crane is one of the most famous origami design of Japan with an auspicious culture. Legend states that anyone who folds one thousand paper cranes will have their heart's desire come true. The origami crane (*orizuru* in Japanese) has become a symbol of peace because of this belief and because of a young Japanese girl named Sadako Sasaki. Sadako was exposed to the radiation of the atomic bombing of Hiroshima as an infant, and it took its inevitable toll on her health and was dying of leukemia. Hearing the legend, she decided to fold 1000 Origami cranes so that she would survive. However, when she saw that the other children in her ward were dying, she realized that she would not survive and wished instead for World peace and an end to suffering.

The popular version of the tale is that Sadako folded 644 cranes before she died, then her classmates continued folding cranes in her honor to meet the target .She was buried with a wreath of 1,000 cranes to honor her dream. While her effort could not extend her life, it moved her friends to make a granite statue of Sadako in the Hiroshima Peace Park: of a girl standing with her hands outstretched, a paper crane flying from her fingertips. Thus, every year the statue is adorned with thousands of wreaths of a thousand origami cranes.

Observing this legend of Japanese culture and to fulfill the wish of Sadako for "World Peace" the Rotaract Club of Kathmandu Mid-Town undertook the mission to make a thousand Origami Crane.



Thus Rotaracts, Interacts , Rotarians, school children and friends worked happily in making origami cranes focusing on "PEACE 'for all and at the end wrote their names on the crane.

A gesture of friendship: Presentation of club bookmark to International



Demos: A visitor from Greece attends a Rotaract meeting

Ms. Anja Rasmussen (Denmark) from ICIMOD Rotaracts met her at parent club meeting where she was speaking on "Youth Initiative "program of ICIMD



From Singapore & neighboring country: Representatives of Allergan company



Rotaracts facilitate the visit of delegates from Allergan Company to SGCP Dhapakhel

Objective: to implement CSR service in Nepal to commemorate their visit



22 delegates many of whom were first time visitors participated with enthusiasm.



The CP children greeted the visitors with joy each expressing their feelings in various way of Namaste / Smile / Body posture.

The parent & the staff were silent observers happy to witness the delight of the children who were getting a lot of kind attention besides being provided with school bags and fresh apron



The Rotaracts and the volunteers enjoyed the experience, the interaction and were happy to have been of help.



Mr Bimal Shrestha (a dynamic CEO of SGCP) briefing the group.



Prof Batuk Rajbhandari , the visionary and still active gentleman, the man behind the SGCP (Self Help Group of Cerebral Palsy) since its inception in 1986

Delegates	Comments on Program at SGCP	& Rotaract volunteers
Mr Prasad (India)	<i>Very impressed to see the great service this center doing for CP children</i>	<i>Making CP children & parents smile & lightening their lives is great commendable job</i>
Mr Ravindra Banglore	<i>The programme was a window of knowing & understanding the quality of the work done at the Institute</i>	<i>It is indeed a noble cause and the effort is appreciated</i>
Mr Rakesh Vashishta	<i>Great Efforts! Wish you all the success & look forward to supporting you</i>	
Mr M Singh	<i>It is a great experience love to come again</i>	<i>Rotaract volunteer U all are doing a great job. Keep doing it. Best of luck</i>
Delegate writes	<i>It is first time experience & a memorable one Lovely kids with all smile on their face .It's hard. Wishes for all those kids to get well soon</i>	
From a delegate	<i>Indeed a great experience especially to see the challenged "Smile" .Great effort by the SGCP. Overall a great moving experience</i>	<i>Very energetic in providing the information and very patient and helpful with the kids around.</i>
View of a delegate	<i>Great initiative, nicely maintained whole staff is so involved <u>Great Job – Keep making Life Beautiful</u></i>	<i>Rotaract volunteers are a great support .helped in understanding about the program for CP Doing a very good job. <u>"Keep it up "</u></i>
Mr Kumar	<i>It was indeed a very unique experience & I was most impressed with the passion of commitment and all the smiling faces. I wish you all success</i>	
Expression by a delegate	<i>A wonderful center run by inspiring people making an enormous impact on the children's lives The smiles on the faces of both the children and the staff will be with me forever</i>	

The Editorial Team welcomes input, in terms of relevant articles, photographs, suggestions & comments.

Thank you!

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